Dr. Taylor



Fourteen: The number of capsules/pills I took in a 24 hour period.

Twelve: The number of vitamin bottles I used to have in my cabinet.

Two: The number of pill containers I had to organize my daily vitamins.

One: The number of questions Dr. Taylor asked me that made me realize how

insane my vitamin regimen had become.

When I explained to Dr. Taylor how many vitamins I was taking a day (I had to take have in the morning and half at night to tolerate them all), he smiled. He knew he had a once-a-day solution AND I didn't have to swallow any more pills!

Today I drink my vitamins with a glass of water each day. It's so simple. I just pour a tablespoon of Dr. Taylor's formulation into a glass of water and drink it with my breakfast. I no longer deal with upset stomach, time each Sunday to sort my pills for the week, and I'm even saving money.

Thank you Dr. Taylor for simplifying my vitamins and keeping me healthy!

